



Exeter Wheelers Cycling Club presents

Exeter Wheelers Hill Climb

Sunday 24th September 2023. First rider starts at 10:05am

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

Race HQ

Hilltop riding school
Pennsylvania Rd
Exeter EX4 5BN

Time Keepers

Sally Hutter, Mike Rose and Ken Evans

Marshals and Helpers

Members and friends of
Exeter Wheelers Cycling Club

Event Organiser

Andrew Whittemore

Tel: 07388877190

Email:

andrew.whittemore@hotmail.co.uk

Headquarters

The race headquarters is in the courtyard of the Hilltop riding school, EX4 5BN. The HQ is open from 9:00am. Refreshments are available from **The Secret Garden** van located in the HQ courtyard. We cannot guarantee the storage of belongings at the HQ as this is an open courtyard.

Parking

Parking is available at the race HQ. Please note that you park at the HQ entirely at your own risk. Please follow marshal instructions when parking. Once the main car park is full, there are alternative car parks at;

- Top of stoke hill - <https://www.google.co.uk/maps/@50.7456093,-3.5261812,216m/data=!3m1!1e3>
- Middle of Stoke Hill - <https://www.google.co.uk/maps/@50.7513446,-3.5254737,288m/data=!3m1!1e3>

Registration and Race Numbers

Please sign the registration form at the race HQ (open from 9:00am) and collect your race number. Please note that you must sign the registration form in order to ride. Wear your race number low down on your back ensuring it will be visible to the timekeepers.

Please return your number afterwards.

Under 18s

All riders under the age of 18 must provide a parental consent form signed by a parent or guardian. We ask that you download the consent form from

<https://www.cyclingtimetrials.org.uk/documents/download/3737> and bring the completed form with you to save time.

Blank forms will be available at the HQ on the day if required. You will not be allowed to ride unless we have received your consent form.

Toilets

Toilets are available at the HQ. Please note that we are unable to offer changing facilities.

Warming Up

There is room to warm up on rollers or turbo trainers in the HQ car park. You may also warm up on the course but only until 10:00am, after which only competing riders should ride up the hill.

Getting to the Start

Turn left out of HQ car park (TAKE CARE as you join the Wreford's Lane as is a steep gradient and contains gravel) and descend the climb to the start at the A396 junction. Please follow marshals' instructions and queue for the start in the designated area. Please arrive at the start in good time. We recommend you allow at least five minutes to ride to the start.

Known locally as Stoke Hill, the course is on Pennsylvania Road which runs between the A396 and Wrefords Lane on the northern edge of Exeter.

Start at the marker approximately four metres before the large tree on the left-hand side at the bottom of the hill, approximately 30 metres before the gateway (SX 932 966). Finish one meter beyond the beginning of the taper for the entrance to Roman Hill (private residence) before the 30mph speed limit signs (SX 923 953).

Important Course Information

In the event of an emergency it may be necessary to stop the race to allow emergency vehicles to safely access property on the hill. Please obey marshals' instructions at all times.

Finishing

Please shout your race number as you finish. This helps to ensure your time is recorded correctly. Continue well beyond the finish line, be aware of riders finishing behind you who may be travelling more quickly. Turn only when it is safe to do so. Please obey the marshals when descending - you may not be able to descend immediately if other riders are finishing. Please descend slowly, keep to the left and ride on the left of all traffic cones. Please respect other competitors at all times.

Refreshments

Refreshments will be available from **The Secret Garden**, located at the race HQ.

Prizes

Prizes will be presented shortly after the final rider has race finished races, at the race HQ. Prizes will be given on the day but if requested they can be done via bank transfer. Equal prize money will be awarded to men and women, as follows:

- 1st - £20
- 2nd - £15

- 3rd - £10

Additional prizes of £10 will be awarded for each of the following categories (men and women):

- Juvenile (under 16 on race day)
- Junior (16 or over on race day, and 18 or under on 31st December 2021)
- Espoir (18 or over on race day, and 22 or under on 31st December 2021)
- Veterans (note: due to the number of female veteran entrants, there will only be one prize to cover all female veterans)
 - 40 – 50 years on race day
 - 50 – 60 years on race day
 - 60+

The fastest rider from Exeter Wheelers will win the club hill climb shield.

Acknowledgements

Our thanks to:

- Hilltop riding school for providing the venue
- The Secret Garden for providing refreshments - <https://www.facebook.com/secretgardenexe/>
- Members of EWCC for helping to run the event

bib	start time	first name	last name	club	gender	category
1	10:01					
2	10:02					
3	10:03					
4	10:04					
5	10:05	James	Greenaway	Exeter Whs CC	Male	Senior
6	10:06	Joe	Fenney	University of Bristol Cycling Club (UOBCC)	Male	Senior
7	10:07	David	Haine	Wellington Wheelers Cycling Club	Male	Senior
8	10:08	Ian	Rowe	Okehampton CC	Male	Vet 50-60
9	10:09	Jon	Hare	Exeter Whs CC	Male	Vet 40-50
10	10:10	Craig	Lawson	Exeter Whs CC	Male	Vet 40-50
11	10:11	Martin	Shapland	Revo Racing	Male	Vet 50-60
12	10:12	Joshua	Snow	Mid Devon Cycling Club	Male	Junior
13	10:13	Libby	Bruten	University of Exeter Cycling Club	Female	Espoir
14	10:14	Matthew	Nott	University of Exeter Cycling Club	Male	Espoir
15	10:15	Rachel	Goward	University of Exeter Cycling Club	Female	Espoir
16	10:16	Katrina	Tse	Oxford University CC	Female	Senior
17	10:17	Geoff	Ware	Minehead Cycling Club	Male	Vet 40-50
18	10:18	Joseph	Staddon	Army Cycling	Male	Vet 40-50
19	10:19	Aidan	Rees	The East Devon Cycling Club	Male	Senior
20	10:20	Jasper	Threadingham	Oxford University CC	Male	Senior
21	10:21	Emily	Conn	University of Exeter Cycling Club	Female	Espoir
22	10:22	Keane	Powell	Exeter Whs CC	Male	Senior
23	10:23	Nathan	Bale	Backpedal	Male	Senior
24	10:24	Libby	Cheeseman	University of Exeter Cycling Club	Female	Espoir
25	10:25	James	Powell	Exeter Whs CC	Male	Vet 40-50
26	10:26	Pete	Bishop	Exeter Whs CC	Male	Vet 60+
27	10:27	Finlay	Webb	Exeter Whs CC	Male	Senior
28	10:28	Diogo	Pacheco	Exeter Whs CC	Male	Senior
29	10:29	Gideon	Aroussi	Exeter Whs CC	Male	Vet 50-60
30	10:30	Olivia	French	Stolen Goat Race Team	Female	Senior
31	10:31	Harriet	Moxey	University of Exeter Cycling Club	Female	Espoir
32	10:32	Jodeci	Pugsley	Exeter University Triathlon Club	Female	Espoir
33	10:33	Ryan	Edwards	University of Exeter Cycling Club	Male	Senior
34	10:34	Claire	Pile	05/03	Female	Senior
35	10:35	Mark	Watson	Exeter Whs CC	Male	Vet 60+
36	10:36	Julian	Morrish	Revo Racing	Male	Senior
37	10:37	Tony	Symons	Tavistock Whs CC	Male	Veteran
38	10:38	Elliott	Colyer	University of Exeter Cycling Club	Male	Espoir
39	10:39	Tristan	Kelsall-Spurr	Exeter Whs CC	Male	Senior
40	10:40	Jonathan	Hobbs	Okehampton CC	Male	Senior
41	10:41	Daniel	Eastment	1st Chard Wheelers	Male	Vet 40-50
42	10:42	Russell	Powell	Sid Valley CC	Male	Vet 40-50
43	10:43	Lloyd	Copp	Okehampton CC	Male	Senior
44	10:44	Joe	Rees	Kalas Motip	Male	Senior
45	10:45	Felix	Whetter	Mid Devon Cycling Club	Male	Espoir
46	10:46	George	Kimber	Embark Spirit BSS	Male	Senior
47	10:47	Andrew	Feather	HuntBikeWheels.com	Male	Senior